

# BHARATI VIDYAPEETH'S COLLEGE OF ENGINEERING, KOLHAPUR

Accredited by NAAC With 'A' Grade Approved by AICTE, New Delhi & Affiliated to Shivaji University, Kolhapur Near Chitranagari, Kolhapur - 416013 (MS)

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## **NAAC SSR CYCLE-2**



Criterion 5	Student Support and Progression
<b>Key Indicator 5.1</b>	Student Support

5.1.2 Capacity building and skills enhancement initiatives taken by the institution include the following

1. Soft skills

FOUNDER CHANCELLOR

- 2. Language and communication skills
- 3. Life skills (Yoga, physical fitness, health and hygiene)
- 4. ICT/computing skills

## CELEBRATION OF INTERNATIONAL YOGA DAY.

#### 21 June 2017.

On occasion of above event in our Bharti Vidyapeeth College of Engineering. We celebrated Yoga day under the guidance of Yoga expert Mrs. Teja Bandai -Kharat and Mr. Avinash Kharat. For this Programme our Principal Dr. Suhas S. Patil, All Head of Departments & NSS Co-ordinator R.B. Lokapure, Physical Director Mr. H.B. Patil and all Teaching & non-teaching staff were present.

The yoga session started by introductory speech of NSS CO-Coordinator R.B.Lokapure and felicitation of Yoga expert Mrs. Teja Bandai by the hand of Smt. J.K. Patil. (Head of E&TC Dept.)

At the beginning Yoga session stmied by,' Suryanamskar asnas',followed by simple stretching asanas', Chakrasan',and the Yoga session ended by various ,'Pranayama's' i.e. 'Anulom & Vilom','Kapalbhati' etc. In this Yoga Training, All Teaching and Non-teaching Members took keen interest to perform various Asanas.

While ending this Programme, Vote of Thanks is given by Prof.S.J.Kadam. (Head of Mechanical Dept.)



Yoga Expert Mrs.Teja Bandal-Kharat --Perfonning Yoga Asanas.



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UNDER GUIDANCE OF YOGA EXPERT Mrs.Teja Bandai.





## YUGA ASNAS Pl!:KFUKMb:D BY <...:ULLb:(.;I!: STAFF.

## UNDER GUIDANCE OF VOGA EXPERT Mrs.Teja Bandai.



