

and



BHARATI VIDYAPEETH'S COLLEGE OF ENGINEERING, KOLHAPUR

FOUNDER CHANCELLOR
Dr. Patangrao Kadam
M.A., LL. B., Ph. D.

Accredited by NAAC With 'A' Grade
Approved by AICTE, New Delhi & Affiliated to Shivaji University, Kolhapur
Near Chitranagari, Kolhapur - 416013 (MS)

DTE INSTITUTE CODE : EN-6288
Tel.No.: (0231) 2638893, 2638894, Fax : 2636050

Web : <http://coekolhapur.bharatividyaapeeth.edu> E- mail : coekolhapur@bharatividyaapeeth.edu

PRINCIPAL
Dr. Vijay Ghorpade
M.E., Ph. D. (Computer)

NAAC SSR CYCLE- 2



Criterion III	Research, Innovations and Extension
Key Indicator 3.4	Extension Activities
3.4.3 Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community during the last five years.	

Name of Activity: Celebration of International Yoga Day



BHARATI VIDYAPEETH'S COLLEGE OF ENGINEERING, KOLHAPUR

- **Organizing Department:** National Service Scheme. (NSS) UNIT
- **Name of Activity:** Celebration of International Yoga Day
- **Date :** 21st June 2017
- **Name of Resource Person:** Mrs Teja A. Bandal-Kharat (Yoga Expert)
- **Number of participants:** 12 NSS volunteers, 36 Faculty members and 18 villagers of Kandalgaon Kolhapur
- **Beneficiary :** Villagers of Kandalgaon Kolhapur along with Faculty members and students of college
- **Detail of Activity:** On occasion of International Yoga Day Bharati Vidyapeeth's College of Engineering Kolhapur arranged a Yoga session on 21st June 2017. Yoga expert Mr.Teja.A.Bandal-Kharat conducted the session. Principal, NSS Co-coordinator, and Teaching & non-teaching staff attended the activity. The yoga session started with the introductory speech of NSS Co-coordinator Mr R.B. Lokapure and felicitation of Yoga expert Mrs Teja Bandal by Mrs .J.K. Patil. (Head of E&TC Dept.). At the beginning Yoga session `Suryanamskar asanas, followed by simple stretching asanas', `Chakras', and the Yoga session ended with various, `Pranayama' i.e. `Anulom & Vilom', `Kapalbhati' etc. In this Yoga session All Teaching and Non –teaching Members and villagers of Kandalgaon Kolhapur actively participated to perform various Asanas. Vote of Thanks was delivered by Mr.S.J.Kadam. (Head of Mechanical Dept.)
- **Outcome of Activity:** Volunteers learnt about the importance of Yoga, which helps to improve their physical and mental fitness.



Yoga Expert-Mrs.Teja Bandal instructing to Staff about Yoga.



Yoga Asanas Performed by College Staff. -Under the Guidance of Ms.Teja Bandal


NSS Coordinator


Principal



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PRINCIPAL

Dr. Vijay Ghorpade

M.E., Ph. D. (Computer)

Ref.No.: - BV/COEK/ 11 /2017-18

Date :- 16 June 2017

To,

Mrs. Teja Bandal Kharat

Yoga Expert

Kolhapur

Subject: Invitation letter

Dear Madam,

It gives me immense pleasure to invite you in our college on occasion of “**International Yoga Day**”. We request you to guide our Students & faculty members on this occasion

We wish to invite you as a Guest for the same on **21st June 2017 at 9.00 a.m.** and we kindly request you to accept our invitation. We hope you will cooperate and accept our invitation.

Thanking You

Dr.Vijay. R.Ghorpade

Principal



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Ref.No.: - BV/COEK/ 18 /2017-18

Date :- 22nd June 2017

To,

Mrs. Teja Bandal Kharat

Yoga Expert

Kolhapur.

Dear Madam,

We would like to extend our warm thanks to you for accepting our invitation and guiding our faculty members and Students on 21st June 2017 on occasion of "International Yoga Day". Session conducted by you will be helpful to all to perform yoga in day to day to life

We genuinely thank you once again for the support and time given by you and sincerely hope that you would continue to extend your valuable support and cooperation in our future initiatives as well.

Thanking You

Dr. Vijay. R. Ghorpade

Principal

