



BHARATI VIDYAPEETH'S COLLEGE OF ENGINEERING, KOLHAPUR

FOUNDER CHANCELLOR
Dr. Patangrao Kadam
M.A., LL. B., Ph. D.

Accredited by NAAC With 'A' Grade
Approved by AICTE, New Delhi & Affiliated to Shivaji University, Kolhapur
Near Chitranagari, Kolhapur - 416013 (MS)
DTE INSTITUTE CODE : EN-6288
Tel.No.: (0231) 2638893, 2638894, Fax : 2636050
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PRINCIPAL
Dr. Vijay Ghorpade
M.E., Ph. D. (Computer)

NAAC SSR CYCLE- 2



Criterion III	Research, Innovations and Extension
Key Indicator 3.4	Extension Activities
3.4.3 Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community during the last five years.	

Name of Activity: Programme Under ``Azadi Ka Amrutmahostav``
Celebration of `International Yoga Day`



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- **Organizing Department:** National Service Scheme (NSS) Unit BVCOEK
- **Name of Activity** : Programme Under ``Azadi Ka Amrutmahostav``
Celebration of `International Yoga Day`
- **Date of Activity** : 21/06/2022
- **No. of Participants** : 40 Student, faculty & NSS volunteers.
- **Details of Activity:** On occasion of "International Yoga Day" Bharati Vidyapeeth's College of Engineering Kolhapur arranged a yoga session for faculty members. This session was conducted under the guidance of Yoga expert Shri Mohan Kavthekar (International Yoga Expert) & Mrs. Archana Kavthekar. For this Programme Principal Dr.V.R. Ghorpade, all Head of Departments & NSS Coordinator R.B.Lokapure, all teaching & non-teaching staff members were present. The yoga session started by introductory speech of NSS coordinator Mr.R.B. Lokapure and felicitation of Yoga expert Shri Mohan Kavthekar & Mrs. Archana Kavthekar by our Principal Dr.V.R.Ghorpade. Yoga session started by, `Suryanamskar asanas`, followed by `simple stretching asana`, `Chakrasan`, and the Yoga session ended by various, `Pranayama's` i.e., `Anulom & Vilom`, `Kapalbhati` etc. In this Yoga Training, all teaching and non-teaching members participated actively and got benefitted in this session.
- **Outcome:** All participants learned different yoga asanas to be performed by proper technique



International Yoga Expert-Shri Mohan Kavthekar Demo of Yoga.



International Yoga Expert-Shri Mohan Kavthekar & Mrs. Archana Kavthekar during International Yoga Day


NSS Coordinator


Principal



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PRINCIPAL

Dr. Vijay Ghorpade

M.E., Ph. D. (Computer)

Ref.No.: - BV/COEK/ 115 /2021-22

Date :- 19/06/2022

To,

Mrs. Archana Kavthekar

Yoga Expert

Kolhapur

Subject: Invitation letter

Dear Madam,

It gives me immense pleasure to invite you in our college on occasion of “**International Yoga Day**” to conduct yoga session for faculty and students. We request you to guide our faculty members on this occasion

We wish to invite you as a Guest for the same on **21st Jun 2022 at 9.00 a.m.** and we kindly request you to accept our invitation. We hope you will cooperate and accept our invitation.

Thanking You

Dr. Vijay. R. Ghorpade

Principa



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Ref.No.: - BV/COEK/ 118 /2021-22

Date :- 22/6/2022

To,

Mrs. Archana Kavthekar

Yoga Expert

Kolhapur

Dear Madam,

We would like to extend our warm thanks to you for accepting our invitation and guiding our faculty members on occasion of "International Yoga Day". Session conducted by you will be helpful to all to perform yoga in day to day to life

We genuinely thank you once again for the support and time given by you and sincerely hope that you would continue to extend your valuable support and cooperation in our future initiatives as well.

Thanking You

Dr. Vijay. R. Ghorpade

Principal

